



## Mental Health Therapist

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**JOB SUMMARY:** Under the guidance of the Outreach Services Management Team (Director of Clinical Services and Outreach Services Coordinator) or the Buffalo Trace Director, this exempt member of our trauma informed team provides direct mental health clinical assessment, treatment, and counseling to primary and secondary victims of domestic/dating violence, rape, sexual assault or stalking

### **PRINCIPAL DUTIES AND RESPONSIBILITIES:**

#### **Provide crisis intervention, intake, and assessment services to clients**

- Applies Kentucky Coalition Against Domestic Violence (KCADV) Victim Service Standards and the Kentucky Association of Sexual Assault Programs (KASAP) Standards for survivors of rape
- Field hotline crisis calls
- Assess the safety and maintain confidentiality of clients

#### **Provide clinical assessment and individual group and/or family therapy**

- Identifies presenting problem and develops a comprehensive treatment plan
- Provides individual, family, and group therapy in accordance with the client's treatment plan utilizing trauma informed and culturally competent framework
- Use trauma-informed interventions to aid client in meeting identified treatment goals
- Observes and professionally documents treatment interventions, behavior, and client progression
- Provide referrals, case coordination, and advocacy for clients as needed
- Participate in consultation, individual supervision, and clinical meetings with clinical staff

#### **Facilitate communication/teamwork among staff**

#### **Handle related administrative responsibilities**

- Record all client contact
- Report monthly/quarterly statistics
- Attend related meetings/trainings/workshops
- Speak/present trainings and workshops to various community agencies
- Successfully complete required training hours, keep updated on research related to violence prevention, power-based personal violence and trauma informed care.

This description is not intended to be an exhaustive list of all responsibilities, skills, efforts, or working conditions associated with the position. It is intended to be a description of the essential elements of the position that are needed for recruitment, placement, orientation, training, competency and performance assessment, classification, compensation determination and other Human Resources actions

### **QUALIFICATIONS (Knowledge, skills, etc.):**

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1. ***Master's Degree in Social Work, Marriage and Family Therapy, Professional Counseling, or other related field and a license to practice a mental health discipline under the laws of the Commonwealth of Kentucky are required***
2. Four or more year's related experience is preferred
3. Ability to handle sensitive information and maintain high level of confidentiality
4. Ability to work under highly stressful, crisis oriented situations
5. Excellent problem solving and decision making skills
6. Knowledge of methods of psychotherapy
7. Knowledge of community resources
8. Ability to work independently, flexibly, and quickly adapt to change
9. Knowledge and understanding of trauma-informed care principles, practices, and therapeutic interventions
10. Effective written and verbal communication skills
11. Successfully complete KCADV Advocate Certification training
12. Must be a minimum age of 18

### **MENTAL/PHYSICAL ACTIVITIES WHICH OCCUR REGULARLY IN PERFORMING THE JOB:**

- Speaking, seeing, hearing, standing, writing, walking, including climbing steps, carry, pull, lift, stoop and kneel
- Using related office equipment, PC, projector, copier, calculator, fax, phones, etc.
- Driving/traveling short distances
- This position may involve exposure to infectious diseases and stressful situations.

It is the policy of the Women's Crisis Center to provide Equal Employment Opportunity and individual growth opportunities to all applicants and employees in accordance with all applicable Federal and State laws and executive orders.

We offer an extensive benefit package which includes major medical, dental and vision insurances, 403b and Roth retirement options, 10 paid holidays, paid vacation and sick leave, as well as opportunities to pursue professional goals and agency advancement.