



The Helping Hand

Women's Crisis Center

October 2008



Volunteer Training

The March 2009 Volunteer Training Program will be held *March 7 through March 21, 2009*. Current volunteers are always welcome to attend any, or all, of the following sessions. Please call Vicki at 859-372-3578, ext. 653, if interested in attending. Due to space concerns, please make this call as soon as possible.

March 7, 2009 Overview & History of W.C.C.

Sat. 9am-5pm History of Violence Against Women
Effective Communication

March 9, 2009 Partner Abuse Overview

Mon. 5pm-9pm Inclusiveness & People w/Disabilities

March 10, 2009 Effects of Dom. Viol. on Children

Tue. 5pm-9pm Barriers for Battered Women

March 11, 2009 Children's Advocacy Center

Wed. 5pm-9pm Child Sexual Abuse
Adult Survivor of Incest

March 16, 2009 The Prosecutorial Process

Mon. 5pm-9pm

March 17, 2009 W.C.C. Prevention Programs

Tue. 5pm-9pm Human Trafficking/Multi-Cultural Program

March 18, 2009 Women and HIV/AIDS

Wed. 5pm-9pm Volunteer Areas of Interest

March 21, 2009 S.A.N.E./S.A.R.T.

Sat. 9am-5pm Adult Rape
Hospital Visits

Volunteer Training is a great way to participate in refresher training and meet new W.C.C. volunteers!

WCC's Mission

To lead our community in the social change needed to end domestic violence, rape and sexual abuse.

Vision

- To provide immediate access to effective crisis intervention, support and personal attention to victims and survivors.
- To sustain a safe and nurturing environment for adults and children traumatized by domestic violence, rape, or sexual abuse.
- To empower victims of rape, domestic violence or sexual abuse to gain self-esteem and self-sufficiency and to move beyond victimhood to become strong survivors.
- To advocate for the safety, civil rights, and health for our clients in political, judicial, law enforcement and other public welfare arenas.
- To advance a society, through prevention education and public awareness programs, in which rape, sexual abuse and domestic violence are no longer tolerated.

We are able to continue to strive forward in large part because of our volunteers. I want to express my appreciation for those who work with us in any capacity.

Thank you for who you are and all you do!



Brenda Nie

On October 20, 2008, WCC lost a dedicated staff member. Brenda worked the overnight shift at shelter and answered the hotline for over a year. She called a number of the volunteer runners in the middle of the night to respond to one of the local hospitals to advocate for a victim. Our thoughts and prayers are with her loving family during this difficult time.

One of the hardest things in life is having words in your heart that you can't utter.

--James Earl Jones

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Dan Newman to Present on HIV/AIDS at Nov. 5 Volunteer Meeting!

Dan was unable to present at the October Volunteer Training and has agreed to join us with his HIV/AIDS presentation on November 5, 2008 from 5:30 PM to 7:30 PM as part of our Volunteer Meeting. For those who have seen Dan's presentation, it is well worth seeing again! We will work in some time to give the volunteers an opportunity to connect with each other to discuss and share volunteer experiences.

The meeting will be at WCC's Florence office, (240 Main St.) Please mark your calendar and plan to attend. And bring your dinner!!

P.S. This counts towards the 8 hour continuing education you need before June 30, 2009. Thanks!!



Cell Phone Donations

WCC will take cell phone donations!! An organization called Shelter Alliance will send us a pre-paid shipping label and donate up to \$25 per phone. To date, we have received close to \$18,725.30 as a result of this project. Phones may be dropped off at any WCC location. This is also a tax deductible donation for you. Thank you for your support and for helping us generate more funds to assist clients!!

The Helping Hand 14th Annual Day Of Peace

The 14th annual Day of Peace was held on September 26th at the Carnegie Visual and Performing Arts Center. The event marks Domestic Violence awareness month and had several Non-profit organizations as part of the planning committee, such as Family Nurturing Center, Senior Services, Covington Independent Schools and Women's Crisis Center.

The event was successful again this year thanks to the many great speakers including Kentucky Secretary of State Trey Grayson, NKU Professor Sharlene Lassitor, and survivor Debbie Calabrese. This year's event also featured "Ellery" the husband and wife music duo who performed a song written in honor of both of their mothers who were victims of domestic violence. Attending the event were both Boone County FCCLA students and Holmes High School Students, and many other advocates and supporters of domestic violence.



Northern Kentucky Residential Shelter in Need of 2 Kitchen Stoves

We receive many phone calls wanting to know how people in the community can help. The NO. KY. Shelter is in dire need of 2 new kitchen stoves. This could be a project for a church group, sorority, community group, etc. If you have specific questions, you may call Dolores at 859-491-3335. Also, see our needs list on page 3.



Women's Crisis Center Stronger Together Program Donations Needed List

For teen groups:

- Teen-specific hygiene and beauty products...for guys and girls, such as: deodorant, body wash, face wash, hair styling product, make-up, feminine supplies, etc.
- School supplies, such as: notebooks, pens, pencils, etc.

For adult groups:

- Household cleaning products, such as: laundry detergent, dish soap, etc.
- Hygiene and beauty products for entire family, such as: dental hygiene items, new washcloths, lotion, etc.

It is best to donate items that are easily carried in a grocery bag because many clients use public transportation to get to our office.

Donations would be greatly appreciated by November 19th and can be dropped off at the Covington Walk-In office located at: 835 Madison Avenue or the Rural Services office in Florence located at 240 Main Street.

Please let WCC staff know the donation is for the Stronger Together groups facilitated by Tasha Wilder.

Thanks so much for your support!!



The Helping Hand



Northern Kentucky Needs List

Gift certificates
Umbrellas
Pillows
Plastic Pillow Covers
Plastic Twin Size Mattress Covers
Clear Plastic Storage Totes/Boxes
(Around 66 Quart)
Twin blankets
Play Mats
Carpeted Play Mats
School Back Packs
Women's Sleepwear (All Sizes)
Children's Sleepwear (All Sizes)
Robes (All Sizes)
Women's Lounge pants (All Sizes)
Women's sweat shirts or T shirts (All Sizes)
Children's Lounge pants (All Sizes)
Children's Sweat Shirts or T shirts
(All Sizes)
Slippers
Tank Bus passes
Hair brushes
Hair dryers
All size batteries
Baby Monitors
Night Lights
Gas cards
Alarm Clocks
Cleaning Supplies
Black Garbage Bags
Kitchen Garbage Bags
Non perishable food items



Looking ahead

It is never too early to start planning and marking your calendar for next year. Some events to look forward to are:



April 24, 2009-Take Back the Night.

This will be the 20th Anniversary for the Take Back the Night candlelight vigil for Northern Kentucky and Cincinnati. This is always a very powerful event to support those who have been victims and survivors of sexual assault and to honor those who did not survive.



April 25, 2009-4th Annual Doggie

Derby-this is an opportunity to stroll with your pets, enjoy various demonstrations and activities and support WCC's pet Protection Program. There will be more information as the event gets closer.



May 25, 2009 (Memorial Day)-Bashful

Ostrich 5K-each Memorial Day, individuals walk or run on behalf of the thousands of people who have survived sexual abuse. We will have brochures and information available, and we will benefit from those who volunteer to work for the event on behalf of WCC. There will be more information sent to you after the first of the year.

The Helping Hand News From Buffalo Trace Maysville



“Annual Community Shower” Big Success

Buffalo Trace Women's Crisis Center along with Maysville Younger Women's Club hosted our annual Community Shower. The event took place on October 21st from 11:00 am to 2:00 pm, at the Mason County Public Library. We had a great turn out. Women's Crisis Center received many needed household items from our wish list along with monetary donations. We would like to send out a special thanks to all those who make this event possible, especially the Younger Women's Club and our community for their devotion to the families we serve.

Buffalo Trace Volunteer Training

It is October and that means Buffalo Trace Women's Crisis Center's annual Volunteer Training is under way. The group of prospective volunteers we have are a pleasure to work with. The last day of the training is October 25th by the end of this training we will have gained 4 new members to our volunteer staff. Women's Crisis Center would like to say thanks to all the presenters who make this training possible. Without your time and expertise we could not continue to serve as many survivors as we do.



PROTOCOL SIGNING

Buffalo Trace WCC recently signed a SANE/SART (Sexual Assault Nurse Examiner/Sexual Assault Response Team) protocol with Fleming County Hospital to assist with providing improved services to survivors of Sexual Assault. Our hope is that with protocols in place between WCC and other agencies, survivors will feel more comfortable reporting, and the process will flow smoother for them as well. We have done multiple things in Buffalo Trace recently to promote this program, including a morning talk show on our local radio station with a SANE and local law enforcement. By doing this, we can explain the program and the benefits of such a program to all of the team members, but most importantly, the survivor.



HELP NEEDED!!!

It is that time of year again, time to carve the turkey and prepare for Santa. As you all know this can be a very busy time of year. We will be preparing for the holidays also. If you would like to assist us in preparing for any of our holiday events please contact Trish Caudill at (606)564-6708 at the Maysville office.



The Helping Hand



To all of the Dedicated Volunteers

I would like to take this opportunity to say a huge "THANK YOU" for helping WCC be a positive presence in the community. We have very dedicated staff, who give much of their time and energy assisting clients. As we know it is not a 9 to 5 job! It is the caring attitude, compassion and time that each of you bring to the clients that makes it possible for us to be available 24/7. The Holiday's are just around the corner and we appreciate all you do to help!! Until I can come up with a better phrase, I will continue to say "THANK YOU"!!! ~ Vicki

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