



# The Helping Hand

Women's Crisis Center

March 2008



## Volunteer Training

The June 2008 Volunteer Training Program will be held *June 7, 2008 through June 21, 2008*. Current volunteers are always welcome to attend any, or all, of the following sessions. Please call Vicki at 859-372-3578, ext. 653, if interested in attending. Due to space concerns, please make this call as soon as possible.

<i>June 7, 2008</i>	Overview & History of W.C.C.
Sat. 9am-5pm	History of Violence Against Women Effective Communication
<i>June 9, 2008</i>	Partner Abuse Overview
Mon. 5pm-9pm	Inclusiveness & People w/Disabilities
<i>June 10, 2008</i>	Effects of Dom. Viol. on Children
Tue. 5pm-9pm	Barriers for Battered Women
<i>June 11, 2008</i>	Children's Advocacy Center
Wed. 5pm-9pm	Child Sexual Abuse/Non-offending. Parent Adult Survivor of Incest
<i>June 16, 2008</i>	The Prosecutorial Process
Mon. 5pm-9pm	
<i>June 17, 2008</i>	W.C.C. Prevention Programs
Tue. 5pm-9pm	W.C.C. Multi-Cultural Program
<i>June 18, 2008</i>	Women and HIV/AIDS
Wed. 5pm-9pm	Volunteer Areas of Interest
<i>June 21, 2008</i>	Adult Rape
Sat. 9am-5pm	S.A.N.E./S.A.R.T. Hospital Visit

*Volunteer Training is a great way to participate in refresher training and meet new W.C.C. volunteers!*

## WCC's Mission

To lead our community in the social change needed to end domestic violence, rape and sexual abuse.

## Vision

- To provide immediate access to effective crisis intervention, support and personal attention to victims and survivors.
- To sustain a safe and nurturing environment for adults and children traumatized by domestic violence, rape, or sexual abuse.
- To empower victims of rape, domestic violence or sexual abuse to gain self-esteem and self-sufficiency and to move beyond victimhood to become strong survivors.
- To advocate for the safety, civil rights, and health for our clients in political, judicial, law enforcement and other public welfare arenas.
- To advance a society, through prevention education and public awareness programs, in which rape, sexual abuse and domestic violence are no longer tolerated.

*We are able to continue to strive forward in large part because of our volunteers. I want to express my appreciation for those who work with us in any capacity.*

*Thank you for who you are and all you do!*

## **Volunteer Meeting**

**Our next volunteer meeting will be March 26, Wednesday, 5:30 to 7:30 PM at the Florence location (240 Main St., Florence) This is a chance to talk with the other volunteers, and our newest volunteers. We will be discussing "Unspeakable Truths"!! Bring a brown bag dinner and I hope to see you then!!**

**Vicki**

**([vickih@wccky.org](mailto:vickih@wccky.org), or 859-372-3578, ext. 653)**



## ***Take Back the Night***

*Friday, April 25, 2008* -- "Take Back the Night" ~ Join us for an evening walk from Sawyer Point to the Peace Bell in Newport, KY. ~ A rally will begin at Sawyer Point in Cincinnati at 6:30 PM. The march across Taylor Southgate Bridge to the Peace Bell will begin at 7:00 PM. *You may print the attached flyer for distribution.*

The theme for this year is "To increase the community's awareness about abuse and sexual assault. To empower, unify, and free those who have survived incest, rape, abuse and assault, and to honor those who have not."

For more information, contact Lesley at 859-647-2388.

## ***Pet Protection Program***

Often working with survivors of violence is very difficult work to do. You may see bruises, broken bones, tears, and people just trying to survive in the most difficult time of their life.

You also get the opportunity to see survivors of violence get their life back. One very rewarding step in this process is when a family is reunited with their pet in our Pet Protection Program.

Survivors of violence state that leaving their pet with their abuser is a barrier for obtaining our services. Women's Crisis Center tries to assist in lifting that barrier by providing short-term housing and care for pets while families are staying in our shelter.

## **The Helping Hand**

The Pet Protection Program is managed with volunteered time and donated money. We would greatly appreciate the following items for the program:

- New plastic laundry baskets- to hold pet supplies our families receive when they are reunited
- Lint rollers
- Stainless steel feeding bowls, all sizes- This type of bowl is easily cleaned to prevent illness and easily stacked for storage.
- Gift cards to pet supply stores



## **3<sup>rd</sup> Annual "Doggie Derby" Northern KY**

*Saturday, April 26, 2008* -- 3rd Annual "Doggie Derby Dog Walk" in Northern Kentucky ~ 10:00 am - 1:30 pm ~ Cost: \$15 Pre-registration by April 11, 2008 or \$25 afterwards ~ Central Park & Arboretum, 9190 Camp Ernst Road, Union, KY in Shelter 2 ~ Join us for a fun day, take a leisurely stroll with your pet, enjoy lots of demonstrations and activities for a worthwhile cause that saves the lives of pets and their owners. This event is the only yearly fund-raiser for the Pet Protection Program. You can support the Doggie Derby by donating items for gift baskets that will be raffled at the event. The donations can be for pet or human baskets! Supporters can also donate a gift basket of their wares, including their business cards. For More Information call 859-655-2650 x 25 or visit our website at [www.wccky.org](http://www.wccky.org)

## News From Buffalo Trace

The Buffalo Trace "Doggie Derby" will be March 26<sup>th</sup> at the Mason Co Recreational Park. If interested in helping out contact Trish Caudill or Tracy Kinney at 1-606-564-6708 or 1-800-928-6708

## Sexual Assault Awareness Month in Maysville

### *"Take a Walk in My Shoes"*

Maysville has a display of shoes titled "Take a Walk in My Shoes" A tribute to the Survivors of Sexual Assault. We will also be conducting a Memory Walk to recognize and support the survivors of Sexual Assault. The walk will take place on March 29<sup>th</sup> at 2:00 PM at the old Wal-Mart Store in Maysville.

### *"Who are the Many Faces of Sexual Assault"*

We also have an essay contest going on, For High School Seniors in the Buffalo Trace area. The title of the essay is *"Who are the many faces of sexual assault?"* The winner receives \$100.00 Scholarship donated by the Outgoing Working Ladies. Our hopes are that the winner of this essay contest will lead our walk (see above).

### *"Can You Hear Me Now"*

WCC in Buffalo Trace is also doing a cell phone drive titled "Can you hear me now" during a sexual assault the victim is not heard. These will be set up in banks around the Buffalo Trace area.

## The Helping Hand



### *Mother's Day Tea*

On May 18, 2008, from 2:00 PM to 4:00 PM, there will be an awareness event in celebration of Mothers, in Maysville (exact location to be determined.) For more information, call 1-606-564-6708 or 1-800-928-6708.



## Buffalo Trace Balloon Race

We have been selected to receive proceeds from the 2nd Annual Buffalo Trace Balloon Race scheduled at the Maysville Community and Technical College for August 8th and 9th. We will need volunteers to assist for the 2 day event as well as for promotional events leading up to the Race itself.

There are many attractions for all ages: The actual Hot Air Balloon Race, Hot Air Balloon Rides, Tethered Rides, activities for children, live entertainment, the Balloon Glow, and lots and lots of food. For the 'ins and outs" folks can check out the website at:

[www.buffalotraceballoonrace.com](http://www.buffalotraceballoonrace.com)

For anyone wishing to volunteer for this event they may contact Melissa or Shari at 1-606-564-6708 or 1-800-928-6708.



## **BLUESFEST**

**Saturday, July 19, 2008 -- 2nd Annual "Bad to the Bone BluesFest" ~ 2:00 pm - 9:00 pm ~ Cost: \$10 Pre-sale or \$15 at the door ~ Jane's Saddlebag, Big Bone Lick, KY ~ Come on down to Big Bone Lick for some Incredible Music with Il Juicy, Natalie Wells Blues Band, Them Bones with Cheryl Renee and some great food. This will benefit Women's Crisis Center. (More information to follow.)**

WCC will be needing volunteers for this event. We are fortunate to have one of our newest volunteers agree to be in charge of organizing the volunteers. **THANK YOU CAROL!!!** We will need 4-6 volunteers from 2-6 pm; then, another 4-6 from 6-10 pm. If you are interested in helping with this fun event (and enjoying music), please contact me and I will give your name and information to Carol. For more information, call Nancy Jordan Blackmore at 859-743-2975.



### **Cell Phones**

**WCC will take cell phone donations!! An organization called Shelter Alliance will send us a pre-paid shipping label and donate up to \$25 per phone. To date, we have received \$16,811.80 as a result of this project. Phones may be dropped off at any WCC location. This is also a tax deductible donation for you. Thank you for your support and for helping us generate more funds to assist clients!!**

## **The Helping Hand**

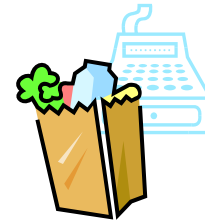
### **Women's Crisis Center ~ Donate Online ~**

WCC is now taking donations online by utilizing the "Just Give" online website.

If you go to the donation page on our website([www.wccky.org](http://www.wccky.org)) and click on the "donate now" button, it links to the new site and allows you to set up a one time or recurring donation. Below link you can click on right from this newsletter.

This is the link you can use:

<http://www.justgive.org/nonprofits/donate.jsp?ein=61-0908752>



### **If You Shop at Remke Market, Here's a Way to Help!!**

Remke Market has a Caring Neighbors Program. This means that Remke Market will donate up to 2% of your qualifying purchases to WCC. If you have a "Preferred Customer Card" (they are very easy to get!) you can go to the link: <http://www.remkes.com/cardapp.asp> to apply on line, or go to WCC's web site, [www.wccky.org](http://www.wccky.org), select "donate now", then select "click here" under the Remke Caring Neighbors block at the bottom of the page to print form.

The dates for this year are until August 31, 2008, then you will have to fill out another form for the following year.

## ***WCC Training Events***

***Tuesday, April 1, 2008 -- Training on "Domestic Violence Across the Life Span" ~ 8:30 am - 12:30 pm ~ Cost: \$40 ~ Crestview Hills City Building, 50 Crestview Hills Mall Road, Crestview Hills, KY 41017. ~ This training will provide information about the dynamics of domestic violence and the effects of domestic violence on children, teens, adults, disabled and elder victims. This training is approved for 3 clock hours by the Ohio Social Work Board and the Kentucky Board of Social Work.***

***Thursday, May 15, 2008 -- Training on "Service Providers Preparedness" ~ 8:30 am - 5:00 pm ~ Cost: \$125.00 (pre-registration) or \$150.00 at the door ~ Crestview Hills City Building, 50 Crestview Hills Mall Road, Crestview Hills, KY 41017. ~ Presenter Dan Newman, PhD, DD, CT, Holistic Health Consultant, will provide information in four areas: Valuing Human Diversity, Psychological Sodomy, Drug Training for Professionals and end the day with "Let's Laugh at Stress - a Holistic Approach." Dan will be offering 6 hours of KY CEU's, 6 hours of OH CPE and 6 hours of KBEMS CEU's.***

## **The Helping Hand**

***(WCC Training Events, cont.)***

***Monday, May 5 2008—Training on "Ethics" ~ 1:00 PM-4:00 PM at the Mason County Extension Office, 800 US 68, Maysville, KY. Dr. Latonya Hesterburg will provide the training and 3 hours of KY CEUs are approved by the Kentucky Board of Social Work. Registration, including a \$50 fee, must be complete by April 25<sup>th</sup>.***

***For more information, please contact Melissa Greenwell at 1-606-564-6708 or 1-800-928-6708.***

***For more information, visit our website ([www.wccky.org](http://www.wccky.org)) and click on "what's new".***



**WOMEN'S  
CRISIS CENTER**

**Hope Is Found Here**