



# The Helping Hand

Women's Crisis Center

June/July 2008



## Volunteer Training

The October 2008 Volunteer Training Program will be held *October 4 through October 18, 2008*. Current volunteers are always welcome to attend any, or all, of the following sessions. Please call Vicki at 859-372-3578, ext. 653, if interested in attending. Due to space concerns, please make this call as soon as possible.

<b>Oct. 4, 2008</b>	Overview & History of W.C.C.
Sat. 9am-5pm	History of Violence Against Women Effective Communication
<b>Oct. 6, 2008</b>	Partner Abuse Overview
Mon. 5pm-9pm	Inclusiveness & People w/Disabilities
<b>Oct. 7, 2008</b>	Effects of Dom. Violence on Children
Tue. 5pm-9pm	Barriers for Battered Women
<b>Oct. 8, 2008</b>	Children's Advocacy Center
Wed. 5pm-9pm	Child Sexual Abuse Adult Survivor of Incest
<b>Oct. 13, 2008</b>	The Prosecutorial Process
Mon. 5pm-9pm	
<b>Oct. 14, 2008</b>	W.C.C. Prevention Programs
Tue. 5pm-9pm	Human Trafficking/Multi-Cultural Program
<b>Oct. 14, 2008</b>	Women and HIV/AIDS
Wed. 5pm-9pm	Volunteer Areas of Interest
<b>Oct. 18, 2008</b>	Adult Rape
Sat. 9am-5pm	S.A.N.E./S.A.R.T. Hospital Visits

*Volunteer Training is a great way to participate in refresher training and meet new W.C.C. volunteers!*

## WCC's Mission

To lead our community in the social change needed to end domestic violence, rape and sexual abuse.

## Vision

- To provide immediate access to effective crisis intervention, support and personal attention to victims and survivors.
- To sustain a safe and nurturing environment for adults and children traumatized by domestic violence, rape, or sexual abuse.
- To empower victims of rape, domestic violence or sexual abuse to gain self-esteem and self-sufficiency and to move beyond victimhood to become strong survivors.
- To advocate for the safety, civil rights, and health for our clients in political, judicial, law enforcement and other public welfare arenas.
- To advance a society, through prevention education and public awareness programs, in which rape, sexual abuse and domestic violence are no longer tolerated.

*We are able to continue to strive forward in large part because of our volunteers. I want to express my appreciation for those who work with us in any capacity.*

*Thank you for who you are and all you do!*

## **Volunteer Meeting**

The upcoming volunteer meeting is:

**Wednesday, July 9, 2008 from 5:30-7:30 PM at WCC's Florence office, (240 Main St.)**

This gives volunteers an opportunity to connect with each other and discuss and share volunteer experiences. **Bring a brown bag dinner.** Please mark your calendar and plan to attend. I look forward to seeing you then!! *Vicki*



## “2<sup>nd</sup> Annual “Bad to the Bone Bluesfest” Volunteers Needed!!!

We are getting ready for the 2<sup>nd</sup> Annual “Bad to the Bone Bluesfest” on Saturday, July 19<sup>th</sup> at 2:00 pm - 9:00 pm. This event is held at Jane's Saddlebag, Big Bone Lick, KY. Visit the website at [www.bigbonelick.com](http://www.bigbonelick.com) for more information about Jane's Saddlebag and directions. When you get to the site, you will see a link on the left that says “see our map page.” By clicking on that link you will see some smaller maps. Click on the map and it will enlarge. *(This is not at Big Bone Lick State Park, it is about 4 miles outside)*

**We will need a number of volunteers to help with this event. If you would like to be part of this fun and exciting fundraiser, let me know as soon as possible:**

**[vickih@wccky.org](mailto:vickih@wccky.org)**

**A volunteer, Carol, will be organizing and assigning volunteers where they may be needed. We will need help at the beer booth, passing out wrist bands, taking tickets, staffing a display table for WCC and many other areas.**

For great family fun, come on down to Big Bone Lick for some Incredible Music with Il Juicy, Natalie Wells Blues Band, Them Bones with Cheryl Renee and some great food too!

For pre-sale tickets contact Kirsten at the Covington office (859-655-2650, ext. 22 or e-mail at [kheyob@wccky.org](mailto:kheyob@wccky.org)). Pre-sale tickets are \$10 (they will be \$15 at the door.) Buy now and save \$5.00 per ticket! Please let Kirsten know how many tickets you want and if you'll be picking them up or if you want her to mail them to you. Feel free to sell some tickets to your family and friends as this is a FUN event and the proceeds will benefit Women's Crisis Center!

## The Helping Hand



### **Stronger Together:**

*Helps teens understand healthy relationships*

Women's Crisis Center is working collaboratively with Northern Kentucky Community Action Commission and Catholic Charities to bring healthy relationship workshops to area adolescents and adults. *Stronger Together*, a program federally funded by the Healthy Marriages Initiative, allows Women's Crisis Center staff to facilitate groups with adults and teens about healthy relationships and to provide resources to those in an unhealthy relationship. All *Stronger Together* programs are free to Head-Start eligible families

Teen workshops are a program focus for summer 2008. A hip-hop themed healthy relationship workshop for teen boys and girls, ages 12-17, is being held at Randolph Park Public Pool in Covington. Also, a safe dating workshop, only for girls ages 13-17, called Girl's Night In, is being held this summer at WCC walk-in office in Covington.

The following list of items would help to make our summer teen programs a success- Girl's Night In and teen group wish list:

- Journals
- Calendars, monthly planners
- “Fun” school supplies...colored gel pens, scented erasers
- Teen paperback novels
- Teen magazines
- Candles
- Picture frames
- Make-up: “teen” friendly- lip gloss, nail kits
- Hygiene products like: shampoo, conditioner, body wash, loofahs, lotions, face wash
- Chewing gum
- Medium and small size gift bags

Please let staff know that your donation is for the *Stronger Together* program. For more information, please contact: Tasha Wilder, *Stronger Together* Community Educator at [tashaw@wccky.org](mailto:tashaw@wccky.org) or 859-372-3572.

### 3

## **Public Education Update**

I would like to sincerely thank each volunteer who helped with our Public Education Department staff displays during the 6 month period of January through June, 2008. Because of you, we were able to see 3,400 people that we would not have been able to reach. Your dedication and hard work is so much appreciated by our staff. It is always reassuring to know that whenever I have a request from a corporation for a Health Fair or from a school for a Back to School Fair, I can always count on you to help!  
Thank you, Thank you, Thank you!!

If you are interested in volunteering for the displays, please contact me, and arrangements will be made for you to pick up the supplies needed. There will be more requests throughout the summer and fall. I will usually communicate via e-mail as I receive the requests. My e-mail is: [maureenr@wckky.org](mailto:maureenr@wckky.org). If you do not have e-mail, contact me at 859-372-3576, ext. 658.  
*Maureen Rich, Public Education Coordinator*









## **Pet Protection Program**

The Pet Protection Program has requested donations of *new* items for pets, as well as, gift cards from PetSmart. The donated items are used to supply a pet with the basic needs when returning to the owner. New items are requested to avoid transmitting any parasites or illnesses to the pets. Gift cards are used to purchase food when needed, as we get a variety of different pets of varying ages. As you can image, we do not have the space that a pet store would have! The Pet Protection Program would like to take this opportunity to thank donors for all your generous support of this program. For additional information, please call 859-491-3335.

## **The Helping Hand WCCPPP Wish List**

**\*\*New items only, please ~~**

-  Cat toys\*
-  Dog toys\*
-  Small square plastic clothes baskets
-  Stainless steel food and water bowls
-  Lint rollers
-  Gift card to local pet stores (\$5, \$10, \$15 increments)

\* For pet safety, cat and dog toys should not include bells or squeaky parts inside the toy.



## **WCC Training Event**

**Tuesday, April 1, 2008 -- Training on "Domestic Violence Across the Life Span" ~ 8:30 am - 12:30 pm ~ Cost: \$40 (Staff and Volunteers free as space permits) ~ Crestview Hills City Building, 50 Crestview Hills Mall Road, Crestview Hills, KY 41017. ~ This training will provide information about the dynamics of domestic violence and the effects of domestic violence on children, teens, adults, disabled and elder victims. CEU's are pending for 3 clock hours by the Ohio Social Work Board and the Kentucky Board of Social Work and Kentucky Board of Psychology.**

**WCC will be offering a training in the Spring of 2009. Date and location not yet determined.**

## News From Buffalo Trace



### Buffalo Trace Balloon Race

We have been selected to receive proceeds from the 2nd Annual Buffalo Trace Balloon Race scheduled at the Maysville Community and Technical College for August 8th and 9th. We will need volunteers to assist for the 2 day event as well as for promotional events leading up to the Race itself.

There are many attractions for all ages: The actual Hot Air Balloon Race, Hot Air Balloon Rides, Tethered Rides, activities for children, live entertainment, the Balloon Glow, and lots and lots of food. For the schedule of events please visit the website at:

[www.buffalotraceballoonrace.com](http://www.buffalotraceballoonrace.com)

For anyone wishing to volunteer for this event they may contact Melissa or Shari at 1-606-564-6708 or 1-800-928-6708.

## The Helping Hand

If you would like to be a WCC volunteer in the Buffalo Trace area (Maysville), there will be a training in October 2008. See the schedule below:

**WOMEN'S CRISIS CENTER**  
**Buffalo Trace/Maysville**  
**VOLUNTEER TRAINING PROGRAM**  
 October 4, 2008 to October 25, 2008

Oct. 4, 2008 (Sat. 9a-5p) Women	Overview & History of Women's Crisis Center History of Violence Against Women Effective Communication
Oct. 6, 2008 (Mon. 5p-9p)	Partner Abuse Overview Understanding the Problem of Abuse and Disability
Oct. 7, 2008 Children (Tue. 5p-9p)	Effects of Domestic Violence on Barriers for Battered Women W.C.C. Pet Protection Program
Oct. 13, 2008 (Mon. 5p-9p)	Children's Advocacy Center Child Sexual Abuse Adult Survivor of Incest
Oct. 14, 2008 (Tue. 5p-9p)	The Prosecutorial Process
Oct. 20, 2008 (Mon. 5p-9p)	Women's Crisis Center Prevention Programs Volunteer Areas of Interest
Oct. 21, 2008 (Tue. 5p-9p)	Women and HIV/AIDS W.C.C. Multi-Cultural Program
Oct. 25, 2008 (Sat. 9a-5p)	SANE/SART (Sexual Assault Nurse Examiner/Sexual Assault Response Team) Confidentiality/HIPAA (Health Insurance Portability and Accountability Act) Adult Rape Shelter Tour Hospital Advocacy/Emergency Room Procedures

To register for this class, contact:

**Trish Caudill**

[latrishac@wccy.org](mailto:latrishac@wccy.org)

Public Education Specialist/Volunteer Facilitator

Women's Crisis Center

(606)564-6708



### ***Cell Phones***

WCC will take cell phone donations!! An organization called Shelter Alliance will send us a pre-paid shipping label and donate up to \$25 per phone. To date, we have received \$17,728.30 as a result of this project. Phones may be dropped off at any WCC location. This is also a tax deductible donation for you. Thank you for your support and for helping us generate more funds to assist clients!!



### ***We also collect Printer Ink Cartridges***

We receive different amounts for each one and sometimes we get nothing, but it is also about going green and not just the money. So, even if we do not get \$\$ we are still preserving our planet for our children and grandchildren. Cartridges may be dropped off at any WCC location.



## **The Helping Hand**

### ***Women's Crisis Center ~ Donate Online ~***

WCC is now taking donations online by utilizing the "Just Give" online website.

If you go to the donation page on our website([www.wccky.org](http://www.wccky.org)) and click on the "donate now" button, it links to the new site and allows you to set up a one time or recurring donation. Below link you can click on right from this newsletter.

This is the link you can use:

<http://www.justgive.org/nonprofits/donate.jsp?ein=61-0908752>



### ***If You Shop at Remke Market, Here's a Way to Help!!***

Remke Market has a Caring Neighbors Program. This means that Remke Market will donate up to 2% of your qualifying purchases to WCC. If you have a "Preferred Customer Card" (they are very easy to get!) you can go to the link: <http://www.remkes.com/cardapp.asp> to apply on line, or go to WCC's web site, [www.wccky.org](http://www.wccky.org), select "donate now", then select "click here" under the Remke Caring Neighbors block at the bottom of the page to print form.

The dates for this year are until August 31, 2008, then you will have to fill out another form for the following year.